

**TINTON FALLS RECREATION IN CONJUNCTION WITH
I.C.A.T ACADEMY OF BOXING, FITNESS, & MARTIAL ARTS PRESENTS
NEW YEARS PROMOTIONS!!**

PROGRAMS FOR ADULTS:

1 YEAR OF UNLIMITED FITNESS CLASSES

ONLY 30 OF THESE MEMBERSHIPS AVAILABLE!! 80 FITNESS CLASSES A MONTH TO CHOOSE FROM PLUS 56 BOOT CAMPS A MONTH.

FITNESS CLASSES: MORNING, EVENINGS, AND SATURDAYS

PERFECT ABS

BANDS AND BIKES

TRX KETTLE BELLS

HOT HULA

SPIN

KICK BOXING

BOXING FITNESS

BODY BURN OUT

AND MORE!

CALL FOR A FULL SCHEDULE (732) 531-1422

OUR PRICE: \$230.00

LIST PRICE: \$981.00

BRING IT BOOT CAMP:

6 WEEKS OF UNLIMITED BOOT CAMPS \$54.00

EARLY MORING 6:00 AM, MORNINGS 9:00 AM AND 10:00 PM

EVENINGS 7:15 PM, 8:15 PM AND 6:00 PM

PROGRAMS FOR CHILDREN: \$399.00 FOR 1 YEAR

KIDS USA BOXING

KIDS MUAY THAI KICKBOXING

KIDS MARTIAL ARTS

(EQUIPMENT/UNIFORM PACKAGES NEEDED)

OTHER KIDS CLASSES AND OPTIONS AVAILABLE @ \$59.99 (6 WEEKS)

CALL FOR DETAILS AND SCHEDULE

REGISTRATION FORM



NAME: _____ PHONE: _____



ADDRESS: _____ TOWN: _____

ZIP: _____

PARENTS NAMES (if under 18): _____ Program: _____

IMPORTANT: HOLD HARMLESS RELEASE (PLEASE READ): I understand there is no medical insurance coverage included in the registration for any program offered by the Department of Recreation and ICAT Academy of Boxing and Martial Arts. By participating in these programs, you assume your own medical insurance responsibilities. The Borough maintains a "Limited Form of Contract" accident insurance for sponsored programs which is intended to be only supplemental to your own personal health insurance. Participants in recreational activities sponsored by the Borough of Tinton Falls should recognize that conditions in an about the recreational facilities, and the nature of certain activities all present certain reasonable and unforeseeable risk of injury. Users/ participants assume all reasonable risks which may exist by virtue of the conditions existing at the facilities, or by virtue of participation in the activities. Users/participants agree to hold harmless the Borough of Tinton Falls, its employees or volunteers in the event of accident or injury while participating in the activities and/or while using Borough and/or recreational facilities. By signing below, I hereby give permission for the Borough of Tinton Falls and ICAT Academy of Boxing and Martial Arts to use, in its future brochures and any other publicity and/or broadcasts of any kind, any program pictures, audio or video in which I (or my child) appear.

ParentsName: _____ Signature: _____

Check #: _____ Cash: _____ Amount Paid: _____ Date: _____

******* Please make checks payable & mail to: Borough of Tinton Falls 556 Tinton Ave. Tinton Falls, N. J. 07724 *******