

Borough of Tinton Falls OEM COVID-19 Update (April 21, 2020)

The Tinton Falls Office of Emergency Management (TFOEM), in partnership with our local health department the Monmouth County Regional Health Commission (MCRHC), continues to monitor the COVID-19 outbreak. TFOEM has consistent communication with the Monmouth County Office of Emergency Management and the New Jersey Office of Emergency Management. TFOEM interacts with all Tinton Falls Emergency Services including Emergency Medical Services, Police Department and Fire Service, as well as; the Department of Public Works, School Administrators, faith-based communities and healthcare facilities within the Borough.

- The Monmouth County Regional Health Commission No. 1 (MCRHC) continues to report the number of positive cases of COVID-19. The latest number of people reported to have tested positive for COVID-19 in the Borough of Tinton Falls is: 128. The Borough has no further information to share due to privacy rights of our fellow residents. Our residents who have been reported to have tested positive are either self-isolated, self-quarantined or hospitalized. The MCRHC Communicable Disease Team continues to conduct intensive monitoring and ongoing public health investigation of every positive case. This investigation includes tracing of actions taken by the infected for days prior to first signs of symptoms.
- Tinton Falls Municipal Parks remain open for passive trails and walkways only. All playgrounds, athletic fields and courts are closed to curtail group gatherings. No person is to access the playgrounds, athletic fields and courts, they are closed to all. Signs have been placed at the parks restating social distancing requirements.
- For a full list of all the Executive Orders from Governor Murphy, please visit the NJ COVID-19 Information HUB or visit the Governor's Official page consisting of all Executive Orders. https://nj.gov/infobank/eo/056murphy/approved/eo_archive.html
- Executive Order #122 imposes additional mitigation requirements on essential retail businesses and industries to limit the spread of COVID-19. This Executive Order covers topics for businesses regarding hours of operation, sanitation, social distancing and the need for protective measures such as barriers, face-masks for employees and customers along with addressing occupancy limits. It also covers new limited restrictions on construction as well as essential and non-essential contract work. <https://nj.gov/infobank/eo/056murphy/pdf/EO-122.pdf>
- All residents and businesses will need to continue to comply with State of New Jersey Executive Orders.
- The New Jersey Department of Health (NJDOH) has an updated information on their website and various social media platforms, such as Facebook and Twitter. Be certain to get information from trusted and credible sources, such as CDC, NJDOH, the Monmouth County Regional Health Commission and the NJDOH call center, 1-800-962-1253. Misinformation exists, but all are encouraged to check credible sources for the most up-to-date information about COVID-19. New Jersey posts updates on their website: www.nj.gov/health and www.covid.19.nj.gov
- Please check on your neighbors. If there are elderly or immune-compromised residents in Tinton Falls that are unable to arrange for grocery or medication deliveries, our faith-based communities within the municipality have provided services as needed. Contact oem@tintonfalls.com or call 732-542-3400 x555.
- Donations of Personal Protective Equipment (PPE) are needed. If any residents have any PPE that they would like to donate to the Tinton Falls Emergency Services serving our community, your donation will be greatly appreciated. The needs include nitrile examination gloves, surgical or N95 masks, protective isolation gowns, protective face shields, multi-function no-contact infrared thermometers, hand sanitizer and anti-bacterial wipes. Donations of these items are being accepted at the Tinton Falls Municipal Center

located at 556 Tinton Avenue. Items may be placed at the front entrance inside the right entry vestibule.

The U.S. Centers for Disease Control (CDC) has issued a series of steps that you can take to protect yourself. The best way to prevent illness is to avoid being exposed to this virus.

The virus is thought to spread mainly from person-to-person who are in close contact with one another (within about 6 feet) and through respiratory droplets produced when an infected person coughs or sneezes.

These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Take steps to protect yourself and others:

- Wear a face covering when in public, such as at the grocery store.
- Follow **social distancing** practices: put **distance between yourself and other people**. This is especially important for [people who are at higher risk of getting very sick](#).
- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.
- **Avoid close contact** with people who are sick.
- **Stay home** if you are sick, except to get medical care. Learn [what to do if you are sick](#).
- **Cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.

Visit the CDC site here to learn more on how to protect yourself: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>

It's important to remember that older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Please consult with your health care provider about additional steps you may be able to take to protect yourself.