



**Tinton Falls Recreation**  
**Department**  
Youth Track & Field



**SUMMER 2022**

**Two Day Camp- July 9 & July 10**

**Coaches:** Joe Berardi- Head Coach Westfield Girls XC/Track & Field  
Travis Mahoney- 3x NCAA All American, 3x Olympic Trials Qualifier, 3x Team USA Member

**Who:** Students in Current Grade 1<sup>st</sup> – 8<sup>th</sup> Grade (grade space maybe limited)

**Program:** **Track & Field** = Tinton Falls Recreation Track and Field Camp offers the opportunity for young athletes to experience the sport of track and field while improving their overall athletic ability. This camp will enhance their running, sprinting, jumping, and throwing techniques. The coaches will introduce certain drills and specific events associated with track and field. The camp will end with a meet like competition on the second day. Medals and ribbons will be given out for various competitions.

**Day/Dates:** **Saturday and Sunday July 9 + 10. 8:30AM-12PM**

**Location:** Sycamore Park

**Price:** \$130.

**Register through Tinton Falls Recreation Community Pass**

<https://register.communitypass.net/tintonfalls>

**For more information contact:**

Tinton Falls Recreation [recreation@tintonfalls.com](mailto:recreation@tintonfalls.com) 732-542-3400 ext 253

[www.tintonfalls.com](http://www.tintonfalls.com) Facebook TFRecreation

Or

Joe Berardi at [jberardi@westfieldnj12.org](mailto:jberardi@westfieldnj12.org)

